



MEETING NOTICE

MEETING: Senior Services Advisory Council
DATE: Friday January 17, 2020
TIME: 1:30 p.m. – 2:30 p.m.
LOCATION: Lane Council of Governments
5th Floor, Buford Meeting Room
859 Willamette Street
Eugene, OR 97401
CONTACT: Tammy Lanz, 541-682-4430; tlanz@lcog.org

A G E N D A

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| 1:30 p.m. | 1. Call to Order, Introductions | Diane R. |
| 1:31 p.m. | 2. Consideration of and Additions to Meeting Agenda | Diane R. |
| 1:33 p.m. | 3. Consideration of the last Council Meeting Minutes | Diane R. |
| 1:35 p.m. | 4. Housekeeping | Tammy L. |
| | a. Council positions and committee updates | |
| 1:45 p.m. | 5. OAA Reauthorization | Emily F. |
| 2:20 p.m. | 6. Annual Report | Emily F. |
| 2:30 p.m. | 7. Call for Next Meeting Agenda Items and Reminder of Next Meeting: March 20, 2020 1:30PM – 2:30PM | Diane R. |
| | Adjourn | |

Public Comment is limited to 3 minutes.

The above facility is wheelchair accessible. American Sign Language (ASL) interpretation and assisted listening devices can be provided with 48 hours notice; call (541) 682-4430.

MINUTES
SENIOR SERVICES ADVISORY COUNCIL

Friday, November 15, 2019
1:30 – 2:30 p.m.
Buford Room – Lane Council of Government
859 Willamette Street – Eugene, Oregon

MEMBERS PRESENT: Julie Austin, Beth Brooks, Hoover Chambliss, Jody Cline, Judy Dashney, Suzanne Huebner-Sannes, Kay McDonald, Judith Moman, Tom Mulhern, Diane Rogers, Barbara Susman, Ken Viegas.

STAFF: Tammy Lanz and Kate Scott.

GUESTS: Susan Roberts and Krea Sardona.

1. Call to Order, Introductions

Ms. Rogers called the council to order at 1:15 p.m. and everyone present introduce themselves.

2. Consideration of and Additions to Meeting Agenda

There were no additions made.

3. Consideration of the Last Council Meeting Minutes

Ms. McDonald pointed out that her name in the minutes was spelled McDavid.

Ms. Lanz pointed out that Brenda added a clarification on the Florence connector. Ms. Cline did not feel like it was necessary to change the minutes, since they reflected what was said in the meeting. Ms. Lanz said that the minutes had said it was being put on by LTD, but that it was a LCOG project. Brenda also added some other information. Mr. Chambliss asked why LCOG was running the project. Ms. Scott responded that she did not have enough information to answer, but when there was more information available that staff would give a presentation.

Ms. Rogers approved the minutes as amended.

4. Focus Group – Community Needs Assessment

Susan Roberts, the lead eligibility specialist at S&DS, announced that she was there that day to talk to them about the community needs assessment. She said that the needs assessment happens every four years, and that the focus of the current one was disaster preparedness. They wanted to figure out the issues that different groups face when crisis happens. The needs assessment helps them figure out how discretionary funds should be used in the future. Ms. Roberts said that they need to have more than one plan, since everyone has different needs. She explained that they would talk out loud about the long-form questions written on the back of the survey, and that at the end of the meeting she would collect the surveys.

Ms. Roberts wanted to know what kind of disasters those in the room had faced recently. Ms. Cline mentioned that she had four or five trees fall on her street due to ice. Mr. Chambliss said that ice had been a big issue, and that he cannot go out when it is icy because of his chair. He talked about how people are in charge of ice/snow in front of their property and usually do not clear it unless they are a business, which makes navigating the side walks impossible. Ms. Rogers mentioned a snowstorm that caused her to lose electricity.

Ms. Cline said that her neighborhood was newer, so all their utilities were underground, but when it snows a lot they cannot get out of their homes. She also mentioned that the trees in neighborhoods are owned by the city, but that the maintenance of sidewalks is on the homeowner. Ms. Moman added that in rural areas there are no sidewalks to even walk on, and that roads are not cleared.

Ms. Huebner-Sannes said that she went nine days without power because of snow, but because of the small community she lived in they were able to come together and take care of each other. She said her and her husband spent days chain sawing through fallen trees on the road. Ms. Huebner-Sannes was excited to share the survey with her neighbors. Ms. Austin thought that Ms. Huebner-Sannes was lucky to live in such a tight community, but many people do not even know their neighbors. She thought that it would be helpful to have a list or some kind of indicator for when someone was alone and in need during a crisis.

Ms. Roberts asked who felt prepared for natural disasters. Ms. Austin said that she felt better after doing EWEB's disaster preparedness program. She said that every month for the last six months EWEB has a program about how to prepare for disasters on their website.

Ms. Rogers thought that everyone should have a Physician Orders for Life-Sustaining Treatment (POLST) note on their fridge in case emergency services come in and the person was not awake. She said that to get a POLST you had to fill something out through your healthcare provider, which they would send off to be put into a system. The patient is then sent a number, which they put on their fridge, so emergency services can enter the number into the system and receive all their information. Ms. Austin added that the American Kennel Club has something similar for what to do with pets.

Ms. Roberts asked, in the next ten years, what services would help people stay where they were currently living. Ms. Rogers said that they needed stronger community organizations, maybe a buddy system. She also thought that they could use more access to services during emergencies and mentioned a generator loaning program. Mr. Viegas said that in rural areas no one is close enough to help out during emergencies. He said that people needed a way to get to the roads and leave a type of sign, like what Ms. Austin had mentioned, to signal that they needed help. Mr. Mulhern said that issues usually come up when staff was unable to reach people. He also stated that what can be done to help people changes depending on the type of disaster.

Ms. Rogers asked who felt more prepared for a disaster where they would have to stay inside for three to nine days. A couple of people raised their hands. Ms. Moman said that she would need to leave soon, but wanted to talk about creating a more hands on community. Ms. Rogers agreed, and thought putting together a list in senior communities of what everyone is capable of doing for each other might be a good idea. Ms. Rogers thought a volunteer disaster team made up of people with generators, four wheel drive, and other helpful tools that could drive out to those in need would be beneficial. Ms. Susman said that there was a Community Emergency Response Team (CERT) that ran through the city, but that not many neighborhoods were signed up for it. Ms. Scott added that they also had Community Organizations Active in Disaster (COAD) which was made up of more than thirty community organizations. Ms. Rogers stated that having so many organizations was amazing, but useless when they have no knowledge of them.

Ms. Rogers asked what challenges people faced as they get older in their community. Ms. Cline said that housing was their biggest issue. There were many places, she stated, that had no bedrooms on the first floor, had steps leading up the front door, or had inaccessible showers. Ms. Cline said that homes were not being designed for people to grow old in.

Ms. Rogers said that she was adding an Additional Dwelling Unit (ADU) to her property and looked into making it disability friendly. She found out that to do that it would be an additional ten-thousand dollars. Ms. Rogers

understood why landlords did not want to pay that cost, and she felt it was wrong to charge more because of it. She thought that giving tax cuts to those who provided accessible housing might help to increase their number.

Ms. Brooks thought an issue was access to care. She thought it was hard to find a doctor who took Medicaid. Mr. Mulhern said that it was hard to get staffing for nursing homes and that homes are continuously flipping staff. Ms. Susman added that turn over for home services in Oregon is 70-80%, which was half the national average. Ms. Dashney said she knew some seniors who had different nurses taking care of them everyday, which made it hard to train them to their personal needs.

Ms. Rogers stated that everything went back to economics, since if you can afford it everything was fine.

Ms. Roberts asked if there was anything else anyone wanted to say. Ms. Rogers wanted them to consider the un-housed population, which was their most vulnerable group. Eugene had some shelters, but not enough to account for the un-housed population.

Ms. Roberts thanked everyone for their time, and told them to write down any other comments they had on their surveys.

5. Call for Next Meeting Agenda items and Reminder of Next Meeting

January 17, 2020 1:30PM – 2:30 PM

859 Willamette Street, 5th Floor Buford Meeting Room
Eugene, OR 97401

Ms. Scott informed the council that Brittany Oom moved out of the area and would no longer be attending their meetings. She stated that Andy Hernandez offered to fill the vacancy, which he had previously held before being termed out.

Ms. Rogers approved Andy Hernandez to fill Brittany Oom's vacant position.

6. Debrief "In Sickness and In Wealth"

The joint council had watched a video entitled "In Sickness and In Wealth" but had not had time to discuss it, the members of SSAC wanted to take some time to talk about it.

Ms. Cline stated that she had a passion for nutrition, and thought that the American diet was generally hurtful. She wanted to see more healthy diets in school cafeterias.

Ms. Austin stated that sometimes meal preparation time can be just as much of a barrier as meal cost.

Ms. Rogers said that mental health was kept out of the video, but that it was a big factor in the struggles that the video was focused on.

7. Adjournment

Ms. Rogers adjourned the meeting at 2:31 p.m.

(Minutes recorded by Lydia Dysart)